


















OXNARD CLUB HOUSE SCHEDULE

OPEN MON - FRI 9:00AM - 2:00PM



426 W. 5th St
Oxnard CA,
Phone 805 - 247 - 0750

Monday	Tuesday	Wednesday	Thursday	Friday
	01	02	03	04
	<p>10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Library Outing</p>	<p>09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p> 	<p>10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE</p> 	<p>10:00 Wrap Group 10:00 Communications Group 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE</p> 
07	08	09	10	11
<p>09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE</p> 	<p>10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store Outing: Bowling</p>	<p>09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p> 	<p>10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE</p> 	<p>10:00 Wrap Group 10:00 Schizophrenia Awareness 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE</p> 
14	15	16	17	18
<p>09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE</p> 	<p>10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Movies</p>	<p>09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p> 	<p>10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE</p> 	<p>09:00 Breakfast Prep. Group 10:00 Communications Group 10:00 Wrap Group 1:00 Social Skills FOOD SHARE</p> 
21	22	23	24	25
<p>09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE</p> 	<p>10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: China Town</p>	<p>09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p> 	<p>10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE</p> 	<p>10:00 Communications Group 10:00 Wrap Group 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE</p> 
28	29	30	Color Key	
<p>09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE</p> 	<p>10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: In N Out & Shopping Outing</p>	<p>09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p> 	<p>LUNCH IS SERVED APPROXIMATELY AT 11:00 EVERYDAY Store every Tuesday and Thursday @ 1:30</p>	
			<p>Jesse Taylor Mariel Alex Maya</p>	

