

OXNARD CLUB HOUSE SCHEDULE

OPEN MON - FRI 9:00AM - 2:00PM



426 W. 5th St
Oxnard CA,
Phone 805 - 247 - 0750

Monday	Tuesday	Wednesday	Thursday	Friday
03 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE 	04 VENTURA COUNTY FAIR	05 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE 	06 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE 	07 10:00 Wellness Group 10:00 Lunch Prep Group 12:30 Communication Group
10 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE 	11 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: History Museum SB	12 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 10:00 Self Care Outing 12:30 Seeking Safety FOOD SHARE 	13 10:00 Self Esteem 10:00 Lunch Prep Group 12:30 Relaxation Group 1:30 Store FOOD SHARE 	14 10:00 Wellness Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Communication Group
17 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE 	18 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Hobby Lobby and Lunch	19 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE 	20 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE 	21 10:00 Wellness Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Communication Group
24 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE 	25 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING:	26 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE 	27 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE 	28 End Of Summer BBQ 
31 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE 		COLOR KEY Jesse Taylor Mariel Stephanie Alex Maya	LUNCH IS SERVED APPROXIMATELY AT 11:00 EVERY DAY Store every Tuesday and 1:30	

