





OXNARD CLUB HOUSE SCHEDULE

OPEN MON - FRI 9:00AM - 2:00PM



February

426 W. 5th St
Oxnard CA,
Phone 805 - 247 - 0750

Monday	Tuesday	Wednesday	Thursday	Friday
03 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	04 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Movies	05 09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	06 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	07 10:00 WRAP Group 11:00 Lunch Prep Group 1:00 Walking Group FOOD SHARE
10 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	11 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Shopping & Food	12 09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	13 	14 10:00 WRAP Group 11:00 Lunch Prep Group 1:00 Walking Group FOOD SHARE
17 Closed 	18 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Ventura Pier	19 09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	20 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	21 10:00 WRAP Group 11:00 Lunch Prep Group 1:00 Walking Group FOOD SHARE
24 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	25 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Bowling	26 09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	27 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	28 10:00 Communications Group 10:00 Schizophrenia Awareness 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Social Skills FOOD SHARE
	VALENTINES DAY PARTY! 02/13/25	REMINDER! LUNCH IS SERVED APPROXIMATELY AT 11:00 EVERYDAY Store every Tuesday and Thursday @ 1:30	Food Share Every Monday and Wednesday 	Color Key Jesse Angela Mariel Taylor Alex Maya

