OXNARD CLUB HOUSE SCHEDULE.

OPEN MON - FRI 9:00AM - 2:00PM



426 W. 5th St Oxnard CA, Phone 805 - 247 - 0750

| Pastalian | | | | * * | * |
|--|---|--|---|--|---|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| lesse Mariel Mex Maya | Color Key Angela Taylor | LUNCH IS SERVED APPROXIMATELY AT 11:00 EVERYDAY Store every Tuesday and Thursday @ 1:30 | CLOSED 01 | 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE | 09:00 Breakfast Prep. Group 10:00 Schizophrenia Awareness 10:00 Communications Group 11:30 Walking Group 12:30 Social Skills FOOD SHARE |
| 09:30 Co 10:00 Ov 10:00 Lu 11:30 Wa | ub Council mmunity Meeting ercoming Depression nch Prep ulking Group eking Safety ARE | 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Barnes and Noble | 08 09:30 Community Meeting 10:00 Co- Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE | 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE | 09:00 Breakfast Prep. Group 10:00 Communications Group 10:00 Schizophrenia Awareness 11:30 Walking Group 12:30 Social Skills FOOD SHARE |
| 09:30 Co 10:00 Ov 10:00 Lu 11:30 Wa | club Council mmunity Meeting ercoming Depression nch Prep ulking Group eking Safety ARE | 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Thrift Store | 15 09:30 Community Meeting 10:00 Co- Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE | 16 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE | 109:00 Breakfast Prep. Group 10:00 Communications Group 10:00 Wrap Group 12:30 Social Skills FOOD SHARE |
| | Closed 20 MLK Day | 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Getty Museum | 09:30 Community Meeting 10:00 Co- Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE | 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE | 09:00 Breakfast Prep. Group 10:00 Communications Group 10:00 Wrap Group 12:30 Social Skills FOOD SHARE |
| 09:30 Co 10:00 Ov 10:00 Lu 11:30 Wa | ub Council mmunity Meeting ercoming Depression nch Prep ulking Group eking Safety | 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Santee Alley | 09:30 Community Meeting 10:00 Co- Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE | 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE | 09:00 Breakfast Prep. Group 10:00 Communications Group 10:00 Schizophrenia Awareness 11:30 Walking Group 12:30 Social Skills FOOD SHARE |



Turning Point



























