

OXNARD CLUB HOUSE SCHEDULE

OPEN MON - FRI 9:00AM - 2:00PM



426 W. 5th St
Oxnard CA,
Phone 805 - 247 - 0750

Monday	Tuesday	Wednesday	Thursday	Friday
	COLOR KEY			
LUNCH IS SERVED APPROXIMATELY AT 11:00 EVERY DAY Store every Tuesday and 1:30	Jesse Taylor Mariel Stephanie Alex Maya	01 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	02 4th of July BBQ 	03 CLOSED 
06 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE	07 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Ventura Harbor	08 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	09 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	10 10:00 Wellness Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Communication Group
13 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE	14 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Park and Walk	15 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 10:00 Self Care Outing 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	16 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	17 10:00 Wellness Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Communication Group
20 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE	21 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Bowling	22 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	23 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	24 10:00 Wellness Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Communication Group
27 09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Art Group FOOD SHARE	28 10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Barnes and Noble	29 09:30 Community Meeting 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	30 10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	

