

OXNARD CLUB HOUSE SCHEDULE

OPEN MON - FRI 9:00AM - 2:00PM



426 W. 5th St
Oxnard CA,
Phone 805 - 247 - 0750

Monday	Tuesday	Wednesday	Thursday	Friday
		Color Key		
	LUNCH IS SERVED APPROXIMATELY AT 11:00 EVERYDAY Store every Tuesday and Thursday @ 1:30	Jesse Taylor Mariel Alex Maya	10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	10:00 Wrap Group 10:00 Communications Group 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE
05	06	07	08	09
09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store Outing: Ross Shopping	09:30 Community Meeting 10:00 Co- Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	10:00 Wrap Group 10:00 Schizophrenia Awareness 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE
12	13	14	15	16
09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Park Picnic	09:30 Community Meeting 10:00 Co- Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	10:00 Communications Group 10:00 Wrap Group 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE
19	20	21	22	23
09:15 Club Council 09:30 Community Meeting 10:00 Overcoming Depression 10:00 Lunch Prep 11:30 Walking Group 12:30 Seeking Safety FOOD SHARE	10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Shopping and Eating at Collection	09:30 Community Meeting 10:00 Co- Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	10:00 Communications Group 10:00 Wrap Group 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE MEMORIAL DAY BBQ!
26	27	28	29	30
CLOSE 	10:00 Anger Management 10:00 Lunch Prep 11:30 Walking Group 12:30 Symptom Management 1:30 Store OUTING: Barnes and Noble	09:30 Community Meeting 10:00 Co-Occurring Awareness 10:00 Healthy Habits 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Art Group FOOD SHARE	10:00 Self Esteem 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store FOOD SHARE	10:00 Communications Group 10:00 Wrap Group 12:00 Lunch Prep Group 1:00 Social Skills FOOD SHARE

