FEBRUARY 2022 New Visions Center Open Monday-Friday 9am-2pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10:00 AM Cooking Group 10:00 AM Schizophrenia Support 10:00 AM Overcoming Depression 12:30 PM Art Group	2 10:00 AM Cooking Group 10:00 AM Anxiety Reduction 10:00 AM Coping through Literature 12:30 PM Co-occuring Group	3 10:00 AM Cooking Group 10:00 AM Positive Thinking 12:30 PM Healthy Habits Group	4 10:00 AM Cooking Group 10:00 AM Social Skills 11:30 PM Outdoor Relaxation Group 12:30 PM Client Council
7 10:00 AM Cooking Group 10:00 AM Self-Esteem Group 12:00 PM Community Meeting 12:30 Pm Co-occuring Group	8 10:00 AM Cooking Group 10:00 AM Schizophrenia Support 10:00 AM Overcoming Depression 12:30 PM Art Group	9 10:00 AM Cooking Group 10:00 AM Anxiety Reduction 10:00 AM Coping through Literature 12:30 PM Co-occuring Group	10 10:00 AM Cooking Group 10:00 AM Positive Thinking 12:30 PM Seeking Safety Group	11
14 10:00 AM Cooking Group 10:00 AM Self-Esteem Group 12:00 PM Community Meeting 12:30 Pm Co-occuring Group	15 10:00 AM Cooking Group 10:00 AM Schizophrenia Support 10:00 AM Overcoming Depression 12:30 PM Art Group	16 10:00 AM Cooking Group 10:00 AM Anxiety Reduction 10:00 AM Coping through Literature 12:30 PM Co-occuring Group	17 10:00 AM Cooking Group 10:00 AM Positive Thinking 12:30 PM Healthy Habits Group	18 10:00 AM Cooking Group 10:00 AM Social Skills 11:30 PM Outdoor Relaxation Group 12:30 PM Client Council
21 	22 10:00 AM Cooking Group 10:00 AM Schizophrenia Support 10:00 AM Overcoming Depression 12:30 PM Art Group	23 10:00 AM Cooking Group 10:00 AM Anxiety Reduction 10:00 AM Coping through Literature 12:30 PM Co-occuring Group	24 10:00 AM Cooking Group 10:00 AM Positive Thinking 12:30 PM Seeking Safety Group	25 10:00 AM Cooking Group 10:00 AM Social Skills 11:30 PM Outdoor Relaxation Group 12:30 PM Client Council
28 10:00 AM Cooking Group 10:00 AM Self-Esteem Group 12:00 PM Community Meeting 12:30 Pm Co-occuring Group				
	Closed on February 21st for President's Day	**NOTES:** Katrina 115 114 Brenda 119 Louie Desiree 119		

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