



# OXNARD CLUB HOUSE SCHEDULE

OPEN MON - FRI 9:00AM - 2:00PM

# March

426 W. 5th St  
Oxnard CA,  
Phone 805 - 247 - 0750

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Color Key</b> ALL STAFF Jesse Catt Alex Mariel Brittanie</p>	<p>1</p> <p>10:00 Communications Group 10:00 Work Preparation Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Seeking Safety 1:30 Store</p>	<p>2</p> <p>09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Healthy Habits 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p>	<p>3</p> <p>10:00 Self-esteem Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store</p>	<p>4</p> <p>10:00 Overcoming Depression 10:00 Knitting Group 10:00 Men's Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 LGBTQ Group 12:30 Anger Management</p>
<p>7</p> <p>9:15 Club Council 09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Schizophrenia Awareness 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Symptom Mngt. Grp FOOD SHARE</p>	<p>8</p> <p>10:00 Communications Group 10:00 Work Preparation Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Seeking Safety 1:30 Store</p>	<p>9</p> <p>09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Healthy Habits 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p>	<p>10</p> <p>10:00 Self-esteem Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store</p>	<p>11</p> <p>10:00 Overcoming Depression 10:00 Knitting Group 10:00 Men's Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 LGBTQ Group 12:30 Anger Management</p>
<p>14</p> <p>9:15 Club Council 09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Schizophrenia Awareness 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Symptom Mngt. Grp FOOD SHARE</p>	<p>15</p> <p>10:00 Communications Group 10:00 Work Preparation Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Seeking Safety 1:30 Store</p>	<p>16</p> <p>09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Healthy Habits 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p>	<p>17 St. Patrick's Day 17</p> <p>10:00 Self-esteem Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store</p>	<p>18</p> <p>10:00 Overcoming Depression 10:00 Knitting Group 10:00 Men's Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 LGBTQ Group 12:30 Anger Management</p>
<p>21</p> <p>9:15 Club Council 09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Schizophrenia Awareness 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Symptom Mngt. Grp</p>	<p>22</p> <p>10:00 Communications Group 10:00 Work Preparation Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Seeking Safety 1:30 Store</p>	<p>23</p> <p>09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Healthy Habits 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p>	<p>24</p> <p>10:00 Self-esteem Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store</p>	<p>25</p> <p>10:00 Overcoming Depression 10:00 Knitting Group 10:00 Men's Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 LGBTQ Group 12:30 Anger Management</p>
<p>28</p> <p>9:15 Club Council 09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Schizophrenia Awareness 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Symptom Mngt. Grp FOOD SHARE</p>	<p>29</p> <p>10:00 Communications Group 10:00 Work Preparation Group 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Seeking Safety 1:30 Store</p>	<p>30</p> <p>09:30 Community Meeting 10:00 Co-Occurring Disorders 10:00 Healthy Habits 10:00 Lunch Prep. Group 11:30 Walking Group 12:30 Art Group FOOD SHARE</p>	<p>31 Cesar Chavez Day 31</p> <p>10:00 Self-esteem Group 10:00 Lunch Prep Group 11:30 Walking Group 12:30 Relaxation Group 1:30 Store</p>	<p>Clubhouse Store T &amp; TH @ 1:30 Client Network on March 11th @ 10am March 17<sup>th</sup> ST PATRICK'S DAY March 31<sup>st</sup> Cesar Chavez Day</p>